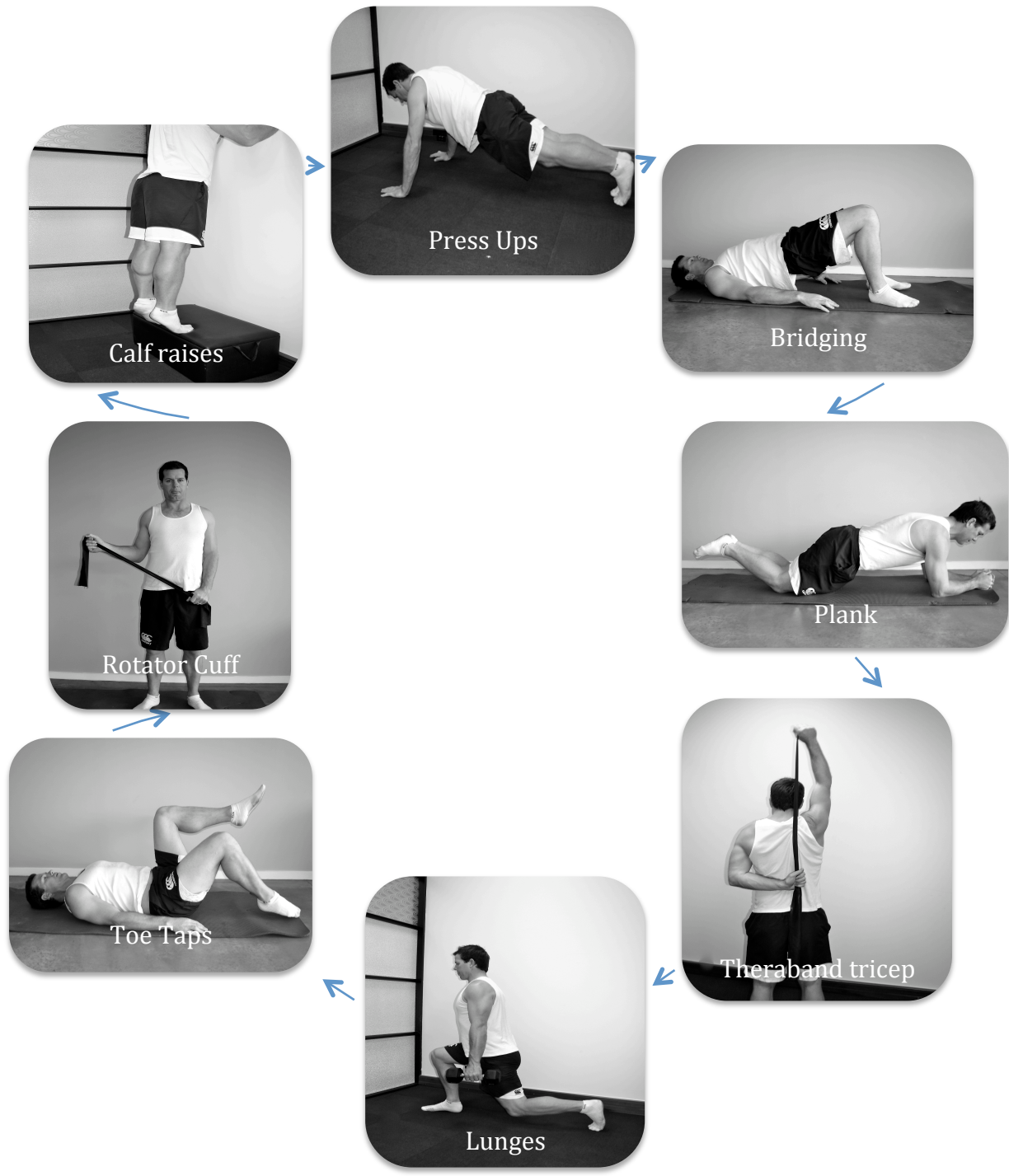


STRENGTH CIRCUIT 4



EXERCISE
Work

Rest

CIRCUITS
Number

Rest

CARDIO