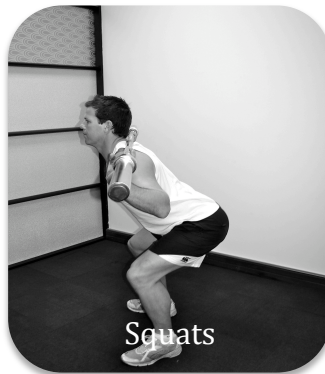


STRENGTH CIRCUIT 2



EXERCISE
Work

Rest

CIRCUITS
Number

Rest

CARDIO